## DOSAGE

To address the general onslaught and uptick of out-of-control microbial activity and any range of issues, take one dose of each Solution daily.

When addressing a specific issue or heightened activity of concern in your area, take the corresponding Solution twice daily until your issue is fully addressed or until regional activity has passed.

Adults: 10 drops per dose

Children (up to 12 years old): 5 drops per dose

- Do not take them at the same time as other Perelandra Solutions or Essences (except as part of a PIC Unit).
- Don't eat or drink anything 10 minutes before, or 10 minutes after.
- Diluting either Solution is not recommended for adults.
- If you're taking both, you can take them at the same time, just wait about 10 seconds between each dose. Don't mix them together.
- When taking once daily: Take your dose(s) any time of day.
- When taking twice daily: Take your first dose in the morning and the second dose in the evening.

For best results when dealing with a specific issue or condition, think about that issue/condition while you are taking your twice daily dose of the Virus Solution and/or Bacteria Solution.

For children 12 and under, you may dilute either Solution separately in up to 2 ounces of plain water (not juice, milk or formula), and increase to 15 drops per dose. They must drink all of the diluted Solution.

If you get a yearly seasonal vaccine, you have been exposed to seasonal microbes (it's in the shot) and you will need to take the Virus Solution twice daily, even if nothing is active in your area.

Should the dropper touch the tongue, mouth, finger, etc.: Wash the dropper with hot, soapy water and rinse it well before placing back in the bottle.

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Question Hot Line: 1-540-937-3679 (Wed, 10 am to 8 pm, eastern)

## PERELANDRA SOLUTIONS FOR HUMANS

## VIRUS SOLUTION & BACTERIA SOLUTION

Broad support for health in this new world.



Climate change has changed the world's health. The global microbial population is adjusting and migrating to new areas, causing new and more difficult problems for humans. Unfamiliar microbial patterns are flying around the globe and modifying rapidly as humans pass things around. The bottom line: We truly are in a new world.

To explain these Solutions well, we need to give you a little history:

If you have been taking the Seasonal Balancing Solution during the past 20 years, you know the name and the pattern

were different when it was first introduced. Then, after many years of offering the annual solution, the FDA required us to stop using its original name. But it wasn't just the name that changed. Machaelle Wright and her team expanded the pattern at that time to address various annual seasonal situations that were above and beyond the scope of the original Solution.

The pattern has expanded again, in a remarkable way. With the changes required to take into account all of that climate change activity, what used to be the Seasonal Balancing Solution has been completely replaced with two different and separate patterns with separate focuses: Virus Solution and Bacteria Solution. It's a significant shift to how we approach seasonal microbial activity and . . . So. Much. More.







Each pattern is working from the perspective of a different group of microbes (hence the distinguishing "virus" and "bacteria" in the names). So break out of your notion of what the old "Seasonal Balancing Solution" could do. That's still included, but these two new Solutions provide much broader, deeper and different coverage. It's a whole new ball game!

We would love to explain this in great detail. Unfortunately, we have to dance around this information to accommodate FDA guidelines. Still, we are determined to get across to you how important these two new Solutions are, and why you'll want to take both daily.

Machaelle has understood for a long time that most health issues, serious or not, are likely activated by microbes. In the Perelandra Microbial Balancing Program Workshop, she presented extensive facts and references about how microbes are affecting our global health. Machaelle commented that she wouldn't be surprised if scientists started linking all kinds of illnesses to microbes. That was in 1999. Since then, scientists' understanding of microbes has grown. We often read new articles about how microbes have been found to cause common illnesses. And global health impacts have blown up exponentially.

To address the full onslaught and uptick of out-of-control microbial activity, and a range of issues that science is beginning to attribute to microbes, Machaelle recommends that a dose of each Solution be taken daily. The patterns of these two new Solutions zero in where things first go off the rails. They provide a targeted monitoring, and they disrupt and eliminate "microbial misbehavior."

Some general examples and reasons why you would want to take the Virus Solution and Bacteria Solution:

- Something (anything) has SNAFU'd health-wise. Take both, twice daily.
- Something has SNAFU'd health-wise, you know it's microbial and you know it's a certain group of microbes. Take the Solution that applies twice daily.
- You're surrounded by people who are going down before your very eyes, you know it's microbial and it's spreading. Take the specific related Solution, or both if you're not sure, twice daily.
- If you have a kid going to school (a.k.a. germ factory), once daily doses of each Solution will serve you and your children well.
- If you're looking for full seasonal coverage, take both.
- You travel outside of your usual environment. Take both daily.
- You shop in crowded or popular stores, or malls (yes, they still exist).
- You work or spend time in an environment where you come in close contact with a lot of people (school, dentist office, auto shop, massage

centers, health practices, airport, train station, grocery store, restaurant, yoga or other sweaty exercise class, etc.).

- You are visiting a friend in the hospital.
- You or your kids spend time in a gym, community pool, etc.
- You or a parent live in a poly-amorous senior retirement community. Take both daily.
- You use public transportation (bus, train, taxi, Uber . . . ). Take both.
- You travel by plane or meet friends or business associates in airports.
- You stay in hotels when traveling.
- You are a socialite, visit bars or clubs, or you frequently attend concerts or parties. (Or you're not a socialite, but you attend every big movie "opening night" at the cineplex!)
- You're having surgery, had surgery or have regular medical treatments.
- There's an outbreak of \_\_\_\_\_ [insert the name of the pathogen or problem galloping your way] and you would like to strengthen and prepare for possible exposure.

Finally, it bears repeating . . .

• If something (anything) has SNAFU'd health-wise for you, take both of these Solutions twice daily.

Getting the idea? Like we said, these two new Perelandra Solutions have remarkably expanded patterns.

The Virus Solution and Bactera Solution are for humans only. They are not to be given to animals or plants.

These Solutions do not contain any virus or bacteria. They contain an electric pattern infused in water and preserved with either brandy or distilled white vinegar.

They are safe and natural oral solutions that may be taken by adults, pregnant women and children.

Also, if you too are friends with your microbes and protective of the little buggers, you'll be happy to know: No viruses or bacteria were harmed in the making of these Solutions!